

Wake Up and Love



Miranda Macpherson

Miranda Macpherson is known for her depth of presence and refined capacity to guide people into direct experience of The Sacred.

Founder of the ground-breaking 'Interfaith Seminary' in London, Miranda is now based in California, and teaches all over the world. Her guidance helps bring non-dual spiritual teachings to life, via a synthesis of Self-Inquiry as inspired by Ramana Maharshi, Spiritual Psychology including, energetic and devotional practice, and feminine Grace. Hers is an integrated and very practical approach offered within a tangible atmosphere of unconditional love.

www.awakeningwithmiranda.com

Wake Up and Love



A weekend with
internationally renowned
spiritual teacher

Miranda Macpherson

31st October to 1st November 2009

10.00am - 5.00pm both days

Lorne House, Craigavad

Hollywood, County Down

Wake Up and Love

Led by an internationally renowned spiritual teacher and author of the book 'Boundless Love'.

Love is who we are minus our ego defences and historical conditioning. It is our true heart at rest as pure being. The spiritual purpose of life is to awaken beyond the veils of mind to know this, not just as a concept, but as living direct experience.

This retreat is sacred space to help liberate the love and natural innocence within us all, so our personal, relational and collective struggles can unwind in the ground of deeper grace. Then we can explore how to relate to one another and be in the world from a consciousness of love. Through satsang, guided self-inquiry practices, creative exercises, meditation and devotional practices, we will explore -

Contacting the ground of Real love within
Unravelling defences and habits of closure

Transforming heart-break

Learning to Surrender

Embodying the love we truly are

APPLICATION FORM

Name

Address

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Tel No

Email

Special Dietary Requirements

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Cost: £120

(Early bird concession before October 1st **£100**)
Includes lunch and breaks. Concessions available

Further information:

Teresa McBride 028 9070 3962 / 028 9070 2294
or Claire Contino 07825 294371

**Cheques should be made payable to
ACIM Belfast** and posted to

ACIM Belfast
1 Cairnshill Close
Belfast BT8 6RQ.